

**A South Glos Parent Carers social story**

**Having a  
Coronavirus test  
at home**



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You need to have a Coronavirus test, this might be because you or someone you know has been poorly. This doesn't mean you have Coronavirus, but you need to do the test just to check.



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First, wash your hands with soap and water.  
Then blow your nose into a tissue and throw it away.



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Your grown-up will use a special white cotton bud called a swab on the back of your throat. You will need to open your mouth wide and say 'ahhhh'. Your grown-up will put the swab inside your mouth and rub it on your tonsils for 10 seconds. This can feel a bit yucky, but will be over quickly!



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Your grown-up will then put the swab into your nose and gently twist it, this may tickle a bit!

They will take it out and put it in a special tube. This is the end of the test, don't forget to wash your hands.



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Your test will be sent away to a lab to be checked, it takes a few days to get the results and you will need to stay home until they arrive.

What fun thing could you do at home after your test?