

A South Glos Parent Carers social story

Having a Coronavirus test at home



South Glos Parents & Carers



You need to have a Coronavirus test, this might be because you or someone you know has been poorly. This doesn't mean you have Coronavirus, but you need to do the test just to check.



First, wash your hands with soap and water.
Then blow your nose into a tissue and throw it away.



Your grown-up will use a special white cotton bud called a swab on the back of your throat. You will need to open your mouth wide and say 'ahhhhh'. Your grown-up will put the swab inside your mouth and rub it on your tonsils for 10 seconds. This can feel a bit yucky, but will be over quickly!



Your grown-up will then put the swab into your nose and gently twist it, this may tickle a bit!

They will take it out and put it in a special tube. This is the end of the test, don't forget to wash your hands.



Your test will be sent away to a lab to be checked, it takes a few days to get the results and you will need to stay home until they arrive.

What fun thing could you do at home after your test?